



Speedway Grand Prix Grid Girls Brief

Grid Girl Selection

Please ensure you consider the following points when selecting the grid girls this year:

- **Only** use girls of 18 years or old
- Of the same or similar height ,
- Vary the type of girls we use i.e. try not to use 4 girls with long blonde hair!
- It is important that girls are friendly and not shy
- Please ensure the girls adapt the basic routine mentioned below . There are 20 heats plus SF and a Final, it becomes very boring for the girls and the public if they use the same routine each time
- Please ensure the girls are briefed on the below so they are aware of the what is expected from them on the day and have sample routines to show the Event Manager
- Please make it known to the Event Manager if the any of the girls have previously been a grid girl as this will help with which 'colour' grid girl they are i.e. red and yellow grid girls have more responsibility.

General Information

Clothing:

- Please ensure the girls are not wearing full jewellery i.e. earrings, necklaces, bracelets etc
- The Grid outfits are fitted lycra so plain underwear (with no lace) should be worn. One girl will need to wear a white top and so a white or skin coloured bra should be worn.
- Black comfortable shoes should be worn. Often the track is soft and heels will dig into the track and may hinder the girls in performing a polished routine. Please take care when putting the trousers on not to put holes in the fabric. The outfits are very expensive to replace.
- If it is cold then we recommend the girls wear tan colour tights under the trousers

Umbrellas:

- The grid routine involves the use of umbrellas. If one of the umbrellas breaks mid routine the girls should complete the routine as though it hasn't happened and change the umbrella for a spare that will be left under the chairs on the infield for the next routine. It is important to remain composed in front of the cameras if one of the umbrellas breaks.

TV Cameras:

- Grid girls will receive a lot of coverage before each race and during the SF and Final Draw, and if the mobile camera is directed at one of the girls she should smile, wave and blow kisses before continuing with the routine.

Rider exclusions:

- If a rider is excluded the race will restart with 3 riders. The grid girl that matches the colour of the excluded rider should not complete the routine in this instance. The remaining 3 girls should complete the routine as normal.

Between races:

- Grid girls will sit on the infield for the duration of the race, and can still be camera shot. It is important that the girls are aware of this and remain composed.

Timing / Routine:

- Girls should walk onto the track as the 2 minute light starts flashing / the gates come down / the riders come out of the pit gate. The routine should take 1 minute and 10 seconds allowing the girls enough time to leave the track before the riders are ready.
- Timing is important as the TV Graphics are loaded onto the screen as the girls leave the track. The red grid girl should always be watching the 2 minute clock at the end of the routine and lead the girls off at 58 seconds.
- The routine should be simple but draw attention. The girls are welcome to change the routine below as long as the timing remains the same and it looks polished. The girls should smile, wink and be friendly to the camera, don't be embarrassed! Most importantly they should have fun!

Friday Event time schedule:

TIME	ACTION	LOCATION
11.45am	Report to BSI Event Manager to pick up and change into uniforms (Liz ph. +44 780 286 2405)	BSI Office
	Proceed to infield to practice routine event day	S/F line
12.45pm	Report to Event Manager	Scoreboard pit area
13.00 – 13.15pm	Help with the riders draw * Roles will be discussed in full on the day	Scoreboard in pit area.

*We will require at least 2 girls from 11.45am on Friday to help with the riders draw which will take place by the scoreboard in the pit area. They may also be required to pose for press / photographers. The girls will only be required for a couple of hours and they should also take this opportunity to practice their routine for Event Day. More information on this can also be found in the Media Guide.

Saturday Event time schedule:

TIME	ACTION	LOCATION
3.30pm	Report to BSI Event Manager to pick up uniforms (Liz ph. +44 780 286 2405)	BSI Office
	Proceed to infield to practice routine	S/F line
4.20pm	Change into Grid costumes	
4.45pm	Meet at score boards in pit area with National flag of host country to escort riders to the autograph session.	Scoreboard in pit area.
4.55pm	Proceed to autograph session and stand behind the riders with National flags while they sign autographs. Wave and smile for the TV cameras and pose for photos for fans.	Autograph signing area
5.15pm	Continue to practice routine and break for a meal	
6.30pm	Meet in the pit area to pose for photographers	Pit area
6.45pm	Prepare for opening ceremony. Girls will need to hold the country flag for the opening ceremony (no umbrellas and no jackets) Grid Girls will be advised of their roles in the opening ceremony on Race Day.	
7.10pm	First race commences	
After heat 20	All 4 x girls move to the scoreboard in the pit area to assist with the Semi-Final draws	Pit Area
After Semi-Finals	All 4 x girls to move to the scoreboard in the pit area to assist with the Final Draw	Pit Area
10.00pm approx:	Final race complete. Grid Girls to move to podium in order of finishing riders i.e. 1, 2, 3, Stand by with riders baseball caps, towels and small bottles of water Grid girls to give riders: caps, water and towels if required. Riders then move to the rostrum and girls to stand next to the podium ready with flowers for the presentation. Girls will be asked to follow VIP's presenting trophies onto the podium with flowers and medals (if applicable). 3 of the grid girls will be given champagne magnums to hand to each of the riders. Once the riders ceremony is complete and the riders are in their closing ceremony vehicles on cue from the Event Manager the girls can leave the infield via the S/F line gate.	Infield
10.20pm approx:	Return Grid Girl Outfits and jackets to Event Manager	

Example Grid Girls Routine

Please note the below is only an example and the girls will be expected to adapt this routine and make it their own

Red, Blue, White, Yellow



Example Routine:

- Yellow to sit in seat nearest the track so she walks on first
- Walk from chairs onto the track with umbrellas in right hand and face the riders, stand with left foot forward
- One at a time open Umbrellas (starting with yellow), hold them at waist height and spin them clockwise
- One at a time (starting with yellow) put the umbrellas up onto your right shoulder
- Turn so your right foot is in front and take 10 paces towards the start / finish line (starting with right foot and making sure each step is in time with each other)
- On the 10th step (left foot) turn to face away from the start/finish line again so you end up with your right foot forward
- Pause for 3 seconds
- Walk 10 paces away from the start / finish line (starting with the right and making sure each step is in time with each other)
- One at a time (starting with yellow) bring umbrellas down to waist height and spin clockwise
- Once clock reads 58 seconds (red to watch clock) close umbrellas one at a time (starting with red)
- Walk back to seats and sit down

NB: After every 4 heats there is a break for the tractors to come on and grade the track, do not get up for this, just wait for them to leave the track before the 2 minute clock starts again.